Dear: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. I don’t like it when…
2. I resent…
3. I hate it when…
4. I’m fed up with…
5. I’m tired of…
6. I feel sad when…
7. I feel hurt because…
8. I feel awful because…
9. I feel disappointed because…
10. I feel afraid…
11. I’m afraid that…
12. I feel scared because…
13. I don’t understand…
14. I’m sorry that…
15. I’m sorry for…
16. Please forgive me for…
17. I didn’t mean to…
18. I love you because…
19. I love it when you…
20. I thank you for…
21. I understand that…
22. I forgive you for…
23. I forgive myself for…
24. I would like…